



The Northeast Bicycle Club, The Cycle Loft of Burlington, MA
and
The Bow Rotary Club
present the
Central New Hampshire Road Race
To Benefit the Bow Rotary Scholarship Fund
Bow, NH
Sunday August 2, 2009

Part of the New England Bicycle Racing Association Ranking System, the 2009 New England Women's Category 3/4 Race Series, and the MCRA Points Series

USA Cycling Event Permit Pending

Start Times	Category	Laps	Distance	Places	Prize List	Entry Fee
8:30 a.m.	Men 4	4	42 miles	5	\$300	\$30
8:35 a.m.	Men 5 Under 35	3	32 miles	3	Medals	\$30
8:40 a.m.	Men 5 35+	3	32 miles	3	Medals	\$30
11:00 a.m.	Men Master 45+ (cat 1-4)	4	42 miles	5	\$300	\$30
11:05 a.m.	Women P/1/2/3	4	42 miles	5	\$500	\$30
11:10 a.m.	Women 4, Master 35-45, 45+	3	32 miles	5 & 3	\$200/\$100/\$100	\$30
11:15 a.m.	Men Master 55+ & 65+ (cat 1-5)	3	32 miles	5 & 3	\$200 & \$100	\$30
1:30 p.m.	Men P/1/2	6	64 miles	5	\$500	\$30
1:35 p.m.	Men Master 35+ (cat 1-4)	5	53 miles	5	\$300	\$30
1:40 p.m.	Men 3	5	53 miles	5	\$300	\$30

SRAM Neutral Race Support provided for Men Cat 4, Men 5 Under 35, Men Master 45+ Women P/1/2/3, Men P/1/2; and Men Master 35+, all other races are wheels-in/wheels-out. Finish line camera and timing by Velocity Results.

Registration: Registration opens at 7:30 and closes 15 minutes prior to the start of each race. Registration will take place at the front entrance of the Bow Memorial School. Entry Fee includes \$3 USA CYCLING insurance surcharge. \$5 late fee for late or day-of-race registration. Register online at www.Bikereg.com. Send 2009 USA CYCLING standard entry form and check made out to **Northeast Bicycle Club** and USA CYCLING Standard Release to **Central NH RR c/o Les Bethel 30 Lothrop Road Acton Ma 01720**. Pre-registrations must be postmarked by July 20th. One-day licensees will be available for \$10

On line service fee applied based on Bikereg.com standard service fee rates.

NO refunds for no-shows or transfers of registration will be granted.





Central New Hampshire Road Race

Field Limits: 100 maximum for all fields except Cat 5 Men and Cat 4 women, which are limited to 50 riders and the Men Masters 55+ & 65+ (cat 1-5) which is limited to 75 riders. Promoter reserves the right to combine fields and reduce the prizes if necessary due to limited registrations in a particular race.

NOTE: Women's; Cat 4, Master 35-45 and Master 45+ race in the same field, but place separately and receive separate prizes

Juniors: No separate junior races. Juniors race their category but pay a discounted entry fee of \$5.

Course: Challenging course provides great warm-up for Green Mountain Stage Race. 10.6 mile rolling loop with one major climb. The starting hill is neutral on the first lap. 39x25 gearing recommended. Feed zone near start. A course map and profile are available on the Northeast Bicycle Club web site – <http://northeastbicycleclub.org/home/events/17/nebc-central-nh-road-race> .

KOM/QOM: KOM/QOM competition for Women P/1/2/3, Men P/1/2, Master 35+ and Men 3 races. Points awarded to top 3 on all laps except the first lap. KOM/QOM prizes 3 deep.

Contact Info: nebcrr@yahoo.com ; <http://www.northeastbicycleclub.org>

Directions: The start / finish will be at the Bow High School 32 White Rock Hill Rd Bow NH

Interstate 93 to Interstate 89 North, take Exit 1 for Bow.

Turn right at end of ramp onto Logging Hill Road and go approximately 1 mile and turn right on White Rock Hill Road. The Bow High School will be less then .5 miles on the right.

From Interstate 89 South, take Exit 1 for Bow, turn right at end of ramp and follow the directions above.

Parking: Plenty of parking at the Bow High School.

Results: Results will be posted 15 minutes after race finish and prizes awarded 30 minutes after results are finalized. Results will be sent to NEBRA and USA Cycling, NEBRA ranking points 1-20th place.

All USA CYCLING Rules Apply: Approved helmets are mandatory; no mountain bikes; straight bars or aero bars. No tank tops. Jerseys must have sleeves.

Rest rooms located at the school and porta-johns outside the school.

